

Announcement

THE CHARLES R. REAM, MD, AWARD FOR EXCELLENCE—2007

On behalf of the editorial board of *Current Therapeutic Research*, I am pleased to announce the eighth Charles R. Ream, MD, Award for Excellence. The Ream Award is presented annually to highlight a manuscript that typifies high-quality clinical research with significant scientific merit and impact. The journal continues to receive more high-quality manuscripts every year, making the selection of nominees for this award increasingly difficult.

The Ream Award for 2007 is presented to Karaaslan et al¹ for their manuscript titled, "Comparison of Dexmedetomidine and Midazolam for Monitored Anesthesia Care Combined with Tramadol via Patient-Controlled Analgesia in Endoscopic Nasal Surgery: A Prospective, Randomized, Double-Blind, Clinical Study."

This manuscript was selected for the Ream Award based on the quality of the study design and the focus by the authors on evaluating clear and meaningful outcomes that were within the power and scope of the study. The authors identified an important clinical question and developed a randomized, double-blind, clinical trial to evaluate outcomes of direct clinical relevance.

It is important to note that this study was relatively small, with only 70 patients included. In addition, the authors evaluated fairly simple and inexpensive outcome measures (rating scales and medication usage). The authors of this manuscript are to be commended for their attention to high-quality study design despite these limitations. It is the focus on high-quality research despite the small sample size and subjective outcomes that makes this study stand out and deserve recognition.

As Editor-in-Chief of *Current Therapeutic Research*, I present the authors of this manuscript with the eighth Charles R. Ream, MD, Award for Excellence. We are looking forward to another year of manuscript submissions that meet the criteria for quality and impact demonstrated by this manuscript. I congratulate Dr. Karaaslan et al and hope to see more submissions of similar quality.

Judd L. Walson, MD, MPH
Editor-in-Chief

REFERENCE

1. Karaaslan K, Yilmaz F, Gulcu N, et al. Comparison of dexmedetomidine and midazolam for monitored anesthesia care combined with tramadol via patient-controlled analgesia in endoscopic nasal surgery: A prospective, randomized, double-blind, clinical study. *Curr Ther Res Clin Exp*. 2007;68:69–81.